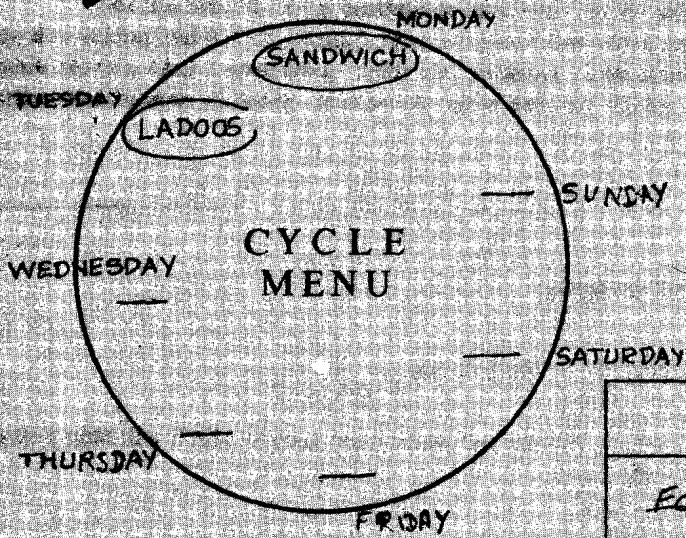


7

Planning cycle menu and working out quotations



QUOTATIONS	
EGG	SNACKS — Rs 2/- per plate
SAMOSA	
LADDOO	— 50p each



Salvia Montessary School has decided to supply nutritious midday snacks to its students on reasonable rates. This decision has been taken keeping in mind the poor eating habits of preschool children. It was observed that most preschoolers brought junk foods from home like wafers, plain noodles, chocolates, concentrated sweets from home for lunch. The school authorities has taken decision to supply snacks to all children during recess time to encourage them to have nutritious snacks and learn good eating habits. Parents have welcomed this idea. Each student is asked to pay Rs. 60 per month (or Rs. 3 per day as school opens only for 20 days). There are 100 children in the school between the age of 3 to 5 years. The school authorities have decided to provide the facilities like cooking space, equipment, furniture and serving equipment to the caterer.

The school has invited quotations from interested contractors. Profit percentage has been fixed to 10% of total money paid by the students. The authorities have decided to keep 5%, other 5% will be contractor's share.

One

Supposing you are one of the interested contractors. You have gone through the terms/rules and regulation given by the school authorities. How will you give your quotations? What points will you keep in mind while working out these quotations? Give a cycle menu of snacks which you can offer at the rates given by school authorities.

GUIDELINES FOR ANSWERING

Answer each question according to the following steps.

Step 1. Identify the relevant blocks and units from theory which will help you in answering the questions.

Step 2. Jot down the relevant points from the theory in the blank space provided here.

- Types of snacks to be given to preschoolers specific points for consideration—like RDIs, likes, dislikes etc.
- Cycle menu

Working out the quotations and points to be kept in mind while preparing them

A large, empty rectangular box with a thin black border, occupying most of the page. It is intended for students to write their prepared quotations and key points.

Step 3**Hints/Clues for answering:**

- Work out the proportion of RDIs for snacks (say 1/4th or 1/5th of total day's calories)
- Prepare a list of 10 snacks (providing adequate calories and protein) that can be served to preschoolers.
- Now prepare the budget breakup for a day according to the amount of total money available with you (the money given by students/ i.e. how much will you spend on food, labour, overheads and maintenance).
- Fix the food cost for the snacks accordingly.
- Check from the list you have prepared which snacks you can finally offer at these prices.
- Prepare a cycle menu for a week.
- Write your quotations which you will write to get a contract from the school authorities.